

In order to reduce transmission of the COVID-19 virus, we must all do our part. In a profession where we work closely with each other - as doctors, patients, and the community as a whole - you can feel confident that Kamloops Chiropractic is doing all that is required to ensure everyone's safety when in the clinic.

Our high cleanliness standards and infection control procedures have been stepped up even further. Sanitation of our treatment tables occurs after each patient. All high touch surfaces are wiped down repeatedly throughout the day, including chairs, desks, equipment, door handles, clipboards and pens. Our cleaning and sanitation products are Health Canada approved.

Patients are scheduled so we can allow for spacing and limited contact with staff and other patients in the lobby/waiting rooms and Reception.

Practitioners will wear masks during your treatments. 3-layer disposable masks are available upon entry to the clinic. While masks are not currently mandatory inside Kamloops Chiropractic, people are encouraged to wear one. At time of Safety Plan posting, masks are not part of a current public health order; however BC's Provincial Health Officer could amend this at any time and Kamloops Chiropractic will implement policies to comply with all public health orders as given to protect the public.

Card payments are preferred at this time and we have Tap for credit/debit. We appreciate a limited use of cash if it is your only available form of payment. It is suggested we email your receipts, but can still print as needed.

We stagger the appointments and ask patients to arrive on time - not too early and please, not late. This keeps our lobby and secondary waiting area within the appropriate physical distancing and occupancy limits.

If you are unable to attend your appointment alone due to childcare or transportation needs, your guest(s) will be required to be in the treatment room with you, or if space allows, to wait in the secondary waiting area.

Each patient must apply hand sanitizer, which is provided on your immediate right upon entering the clinic. It is encouraged to use it again after your appointment.

Magazines and children's books have been removed until further notice for safety reasons.

Please review the following questions to confirm your fitness to enter the clinic. Your answer to all of the questions must be NO prior to seeing us at Kamloops Chiropractic:

- 1) Have you tested positive for COVID-19, come in close contact with anyone who has tested positive for COVID-19, or are awaiting results from a laboratory test for COVID-19?
- 2) Have you been asked to self-isolate or self-monitor in the last 14 days?
- 3) Have you traveled outside the province of BC in the last 14 days?
- 4) Do you have a fever, cough, chills, shortness of breath, or difficult breathing?

If you have answered YES to one or more of the above, please review the BC COVID-19 Self-Assessment Tool to help determine if you or your family member need further assessment for COVID-19: <https://bc.thrive.health/covid19/en>

Please continue to call Reception at #250-374-7783 to make appointments, or if you have any further questions and concerns. Stay safe, and thank you for your understanding and cooperation.

